

Totnes 10K Course Records

CATEGORY	NAME	CLUB	TIME	YEAR
Male course record	Tom Merson	Exmouth Harriers	33:55	2014
Junior Male (under 18)	Jason Drew	Bristol & West AC	38:07	2014
M35	Phil Wylie	Cheltenham Harriers	34:55	2016
MV 40	James Baker	Chichester Runners & AC	35:19	2018
MV 45	Pete Monaghan	Torbay AC	37:05	2014
MV 50	Pete Monaghan	Torbay AC	37:44	2015
MV 55	Tim Hughes	White Horse Harriers	37:52	2010
MV 60	Tim Hughes	White Horse Harriers	40:05	2014
MV 65	John Shapland	Bideford AC	44:19	2018
MV 70	John Perratt	Exmouth Harriers	49:47	2010
Female course record	Jo Kelsey	Tavistock AC	39:39	2000
Junior Female (under 18)	Annabelle Evans	Newton Abbot AC	47:48	2016
FV 35	Nicola Brookland	Bristol & West AC	40:19	2010
FV 40	Heather Foundling-Hawker	Honiton RC	40:14	2006
FV 45	Cathy Newman	Exmouth Harriers	41:34	2007
FV 50	Cathy Newman	Exmouth Harriers	42:49	2015
FV 55	Karen Cook	SWRR	45:15	2013
FV60	Alison Engledew	Erme Valley Harriers	53:53	2018
FV65	Debbie Gorrod		1.11.50	2018

2019 PRIZE STRUCTURE – New male or female course record receives £50.00, any new vet course record or junior record receives £25.00. As with all the races that the Teignbridge Trotters stage, one person *can* win more than one prize.